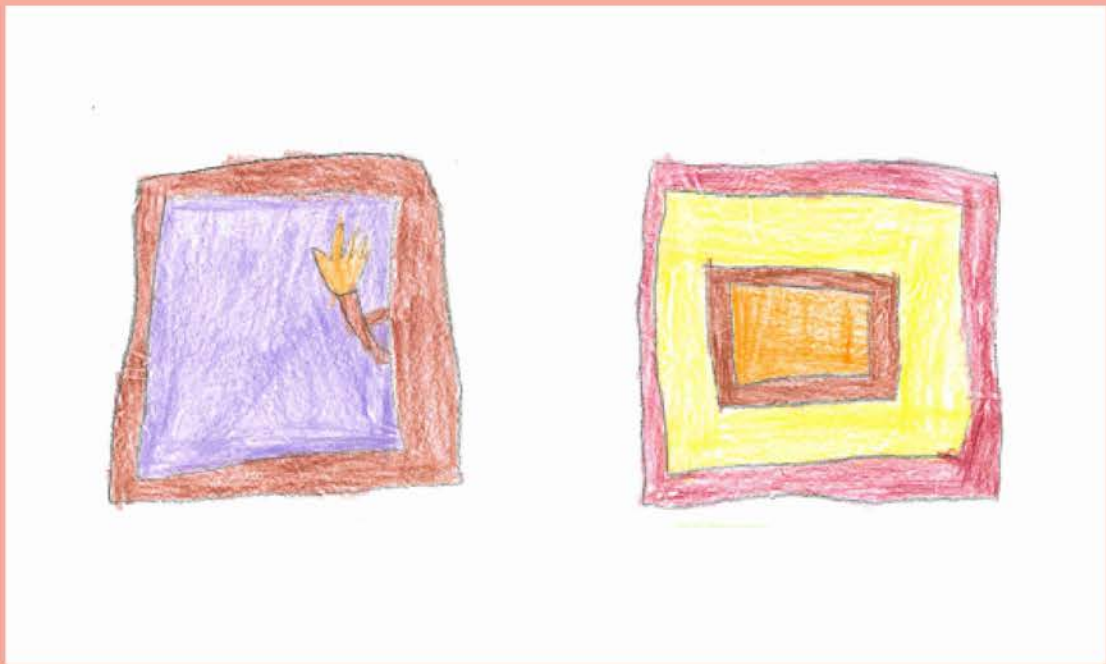


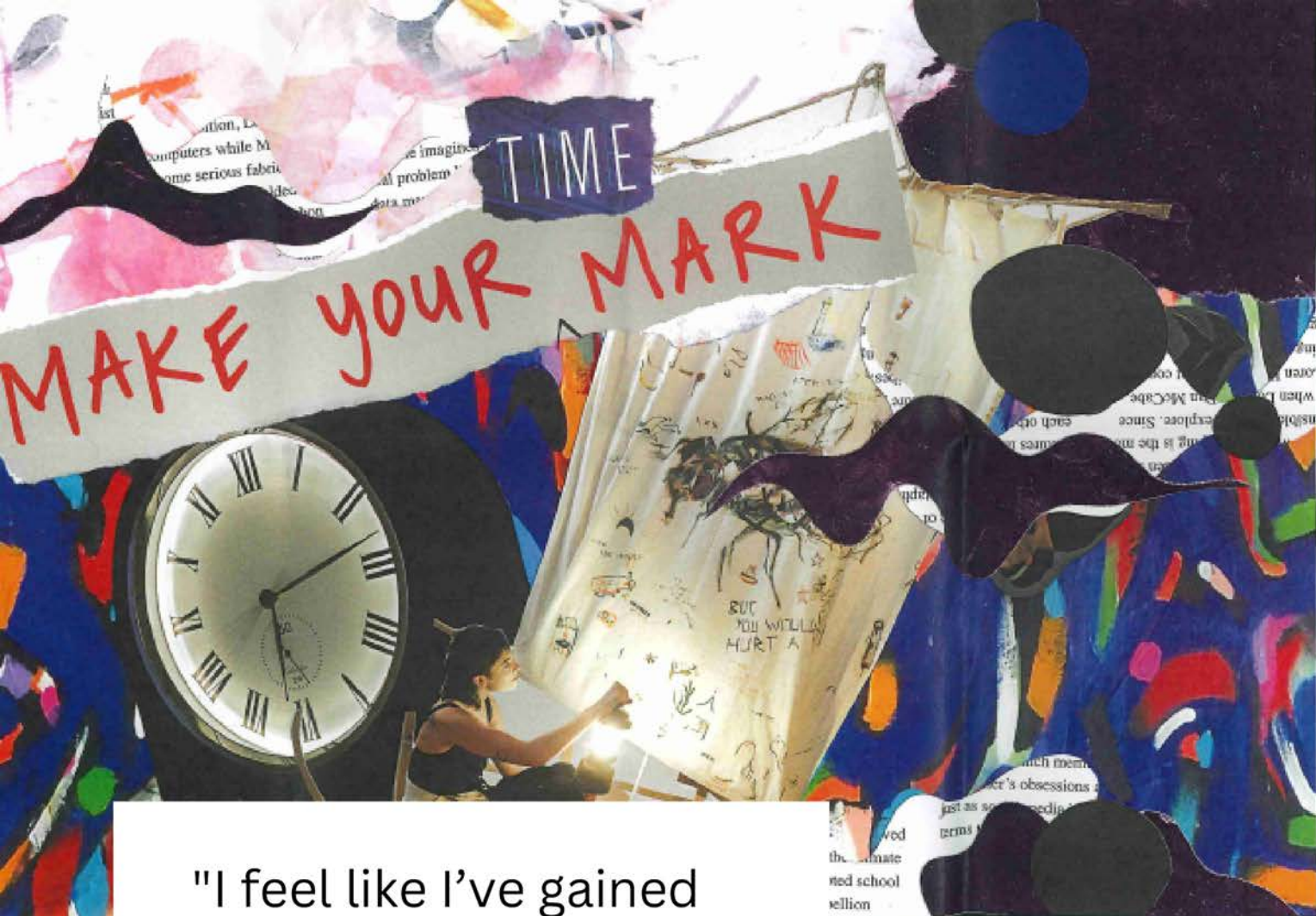
Art and Quotes from the Co-Design Workshops



"Working with others to build a program idea that will help other disabled artists was both very rewarding and very educational."



"The comfort of a box but the box is outside of the box of the box I usually live in."



"I feel like I've gained confidence in my time here."





"Getting to listen and have discussions with more experienced disabled artists was also very valuable. I learnt a lot, both about the arts and also about myself."



"Working with others to build a program idea that will help other disabled artists was both very rewarding and very educational."



"Through this program, a collaboration
that inspired me to develop ways to
serve my community and grow
confidence in my arts practise."





"When I am here,
I forget non-disabled
people exist."



"A sense of
expanded
perspective."